

## Winter/Spring 2024 Professional Learning Communities

### Infrastructure

<b>Fellowship: Student Support Team (SST) Leaders</b> <i>Wednesdays, 2:30-3:30pm: Jan. 31, Feb. 28, Apr. 3, May 1, Jun. 5</i>	Thriving Minds
<b>Fellowship: School-Based Practitioners Seeking to Spark Systemic Change</b> <i>Mondays, 2:00-3:00pm: Feb. 12, Mar. 11, Mar. 25, Apr. 22; Wednesday, 2:00-3:00pm, May 29</i>	Thriving Minds
<b>Strengthening your MTSS for Social, Emotional, and Behavioral Supports</b> <i>Tuesdays, 12:30-1:30pm: Mar. 26, Apr. 2, Apr. 9</i>	EDC
<b>Needs Assessment &amp; Resource Mapping: Achieving Clarity and Direction in Building School Mental Health Systems</b> <i>Content sessions, 7:30-9:00am: Tuesday, Apr. 2; Wednesday, Apr. 10; Tuesday, Apr. 23; Wednesday, May 1</i> <i>Application sessions, Thursdays, 7:30-8:30am: Apr. 4, Apr. 11, Apr. 25, May 2</i>	Thriving Minds
<b>Sustaining your Multi-Tiered Systems of Support</b> <i>Thursdays, 9:00-10:00am: May 9, May 23, Jun. 6</i>	EDC

### Data

<b>Getting to Outcomes: Understanding and Maximizing Your Integrated Data System</b> <i>Thursdays, 9:00-10:30am: Feb. 8, Feb. 15, Mar. 15, Apr. 5 (workshops)</i> <i>Coaching and technical assistance available between workshops 1 &amp; 2 and workshops 3 &amp; 4</i>	Walker
<b>Social Emotional and Mental Health Universal Screening and Progress Monitoring: Using Data to Support Early Identification of Needs and Monitor Student Growth</b> <i>Thursday, Feb. 15, 1:00-3:00pm (kick-off)</i> <i>Tuesday, Mar. 12; Tuesday, Mar. 26, Tuesday, Apr. 23; Thursday, May 23, 1:00-2:00pm</i>	Thriving Minds
<b>Development &amp; Implementation of Behavioral Health Screening Systems: Exploration and Installation Phase of Implementation</b> <i>Wednesday, Feb. 28, 8:30-10:30am (Initial training for new grantees)</i> <i>Wednesdays, 9:00-10:30am: Mar. 20, Apr. 24, May 8 (PLC sessions)</i>	Walker
<b>Using Digital Tools to Address Mental Health</b> <i>Mondays, 4:00-5:00pm: Mar. 4, Mar. 11, Mar. 18</i>	EDC
<b>Using Integrated Data Systems to Strengthen Student Support Team Processes</b> <i>Tuesdays, 4:00-5:00pm: Mar. 19, Mar. 26, Apr. 2</i>	EDC

### Tier I

<b>Youth Mental Health First Aid (YMHFA)</b> <i>Tuesdays, 3:30-6:00pm: Jan. 30, Feb. 6 (plus 2 hours of asynchronous pre-work)</i>	Walker
<b>Supporting SEL in Pre-School: Ensuring Educators Are Prepared</b> <i>Thursdays, 3:30-5:00pm: Feb. 15, Mar. 21, Apr. 4, May 2</i>	Walker
<b>Integrating SEL into Academic Instruction</b> <i>Wednesdays, 1:00-2:00: Feb. 28, Mar. 6, Mar. 13</i>	EDC
<b>Creating Positive Learning Environments : Recommendations and Resources to Support the Social Emotional Wellbeing of Students, Staff, and Families Through a Multi-Tiered System of Support</b> <i>Thursdays, 3:30-5:00pm: Feb. 29, Mar. 7, Mar. 28, Apr. 11, Apr. 25, May 9</i>	Walker
<b>Trauma-Informed Practices</b> <i>Wednesdays, 1:00-2:00pm: Apr. 24, May 1, May 8</i>	EDC
<b>School-Based Substance Misuse Prevention Strategies: Planning and Implementation</b> <i>Mondays, 11:00am-12:00pm: Apr. 29, May 6, May 13</i>	EDC
<b>Integrating SEL into Climate Change Education</b> <i>Tuesdays, 3:30-4:30pm: Apr. 30, May 14, May 28</i>	EDC
<b>Reflections and Follow-Up: Youth Mental Health First Aid (YMHFA) in Practice</b> <i>Schedule forthcoming</i>	Walker

### Tiers II & III

<b>Selecting and Implementing Evidence-Based Tier 2 and 3 Interventions</b> <i>Thursdays, 9:00-10:00am: Mar. 28, Apr. 4, Apr. 11</i>	EDC
<b>Using Cognitive Behavioral Therapy (CBT) to Support Tier II Interventions: CBT for Individuals and Groups</b> <i>Mondays, 2:00-3:15pm: Apr. 29, May 6, May 13, May 20, Jun. 3</i>	Thriving Minds

### Community

<b>Supporting the Wellbeing of Immigrant and Refugee Populations</b> <i>Mondays, 11:00am-12:00pm: Mar. 4, Mar. 11, Mar. 18</i>	EDC
<b>Understanding and Mitigating the Impact of Social Media on Mental Health: School-Based Strategies for Promoting Digital Wellness</b> <i>Tuesdays, 3:00-4:00pm: Mar. 5, Mar. 12, Mar. 19</i>	EDC
<b>Promoting a Sense of Belonging through an Equity Lens</b> <i>Thursdays, 3:00-4:00pm: Apr. 25, May 9, May 23</i>	EDC
<b>Parent/Family Engagement Strategies</b> <i>Tuesdays, 9:00-10:00am: Apr. 30, May 7, May 14</i>	EDC
<b>Strategies to Support Educator Wellbeing</b> <i>Tuesdays, 12:00-1:00pm: May 21, May 28, Jun. 4</i>	EDC